

Topic :- Importance of grand parents in our life.

Grandparents are a valuable resource because they have so many stories and experiences from their own lives to share. oftentimes children will listen to grandparents even when they are not listening to their parents or other adults. Grandparents also offer a link to a child's cultural heritage and family history.

Five Reasons Why Grandparents Are So Important.

As parents we've all heard about the importance of positive parent-child relationships in the social and emotional development of children. There are countless research studies and supporting statistics that highlight the many benefits that come from strong parent-child bonds. What isn't always recognized, however, is the positive impact that a close relationship between a grandparent and grandchild can have on the happiness and well being of the entire family. A healthy connection between a grandchild and his or her grandparent is beneficial to both sides of the relationship, and here's why:

1. Grandparents truly impact their grandchildren's lives. studies shown that as many as 9 out of 10 adult

grand children feel that their grand parents influenced their beliefs and values. A child's perspective of what constitutes a healthy, normal relationship that he or she holds with a grand parent - ~~the~~ through regular contact, a sense of emotional intimacy, and unwavering support, children can experience what a true, positive relationship should look like:

2. Grand Parents can greatly reduce household stress.

A 2014 study at Boston college found that "an emotionally close relationship between grandparent and grandchild is associated with fewer symptoms of depression for both generations". For, kids having grand parents around means having the perfect companions to play with and have fun. Grand parents are some of the best partners when it comes to using creativity and imagination to discover the wonders of life. And in turn, grand-parents truly love their role. According to the American Grand Parents Association, 72% of grand parents think being a grand parent is the single most important and satisfying thing in their lives.

3. Grand Parents have a great amount of experience.

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Other adults. Grandparents also ~~offer~~ offer a link to a child's culture heritage and family history. Children understand more of who they are and where they come from through their connection with their grandparents.

4. Grandparents provide a sense of security.

Especially during tough times, having an extra layer of support can make a big difference in a child's life.

Studies have shown that close grandparent-grandchild relationships during the teenage years are associated with less behavioural and emotional problems and fewer social difficulties with peers. Grandparents offer an extra ear when kids need someone to talk to, because sometimes children just find it easier to open up and share their difficulties and problems with their grandparents.

5. Grandparents offer an affordable child care option.

With both parents in many families working outside of the home, it is oftentimes the grandparents that play a vital role in raising today's youth. According to the 2010 census, roughly 2.7 million grandparents provide for the basic needs of a grandchild, while even more take care of their grandchildren on a regular basis. If they are willing and able, having a grandparent act as either an occasional babysitter or a paid child care provider gives many parents a great sense of comfort knowing that they are leaving their children in capable and caring hands.

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